QLI | Brain and Spinal Cord Injury Specialists



There are times in life when you should not settle for anything but the best.



The QLI Difference

Good rehabilitation services improve function. Great rehabilitation services rebuild lives. QLI has become one of the nation's premier post-hospital centers for brain injury, stroke, and spinal cord injury rehabilitation by embracing the concept that great rehabilitation is more than just the science of physical recovery – it is the art of rebuilding a life.

The combination of QLI's proprietary Tri-Dimensional Rehabilitation® program and the unparalleled quality of our staff and culture make our program powerfully effective. We use our extensive resources and expertise to help our clients reach their individual goals as we work tirelessly to restore purpose and pleasure to a life that has been devastated by a catastrophic event.

For more than two decades, QLI has set and raised the bar for working with individuals and families whose lives have been affected by brain injury, stroke, or spinal cord injury. There are times in life when it is imperative that you seek out the best resources. Review our materials. Call us. Visit our program. Elevate your expectations. Make QLI your next step toward recovery.

What You Should Know

Specialized Services
Most rehabilitation facilities are not equipped to handle the tremendous demands associated with brain and spinal cord injuries. At QLI, that's all we do.

Effective Programming
QLI's Tri-Dimensional Rehabilitation® program is intense and incredibly complex. QLI provides an extensive array of expert clinical services, but Tri-Dimensional Rehabilitation® is much more than traditional therapies provided in isolation. QLI understands that effective rehabilitation is more than just healing a body – it's rebuilding a life.

Nationally Renowned
QLI has a national reputation for excellence and regularly accepts admissions from across the country.

Expert Staff
QLI is a magnet for talented clinicians who thrive on providing cutting edge services on an all-star team. QLI's clinical leaders are experts in their fields, and we have extraordinary depth of talent. QLI's clients benefit from the collective knowledge and experience of over 40 full-time, expert, licensed therapists, nurses and psychologists and a total rehabilitation team of more than 100 specially trained team members.

Unrivaled Resources
QLI is the largest specialized provider of its kind in the country, with more than $70 million of award-winning facilities spread across a beautiful 60-acre campus. Each of our clients has extensive access to the unrivaled resources that only QLI can offer.

Non-Profit
QLI is a mission-driven 501(c)(3) organization. We work for outcomes. Not for profit.

> *"The QLI experience defies description; but what is demonstrated there each and every day is true elevation of the human spirit in those who have experienced the most difficult challenges that life sets forth."*
>
> **Christine Delich**
> **Principal, The ALARIS Group**



The Power of Tri-Dimensional Rehabilitation®

QLI's Tri-Dimensional Rehabilitation® program is focused on one clear goal: to help our clients rebuild their lives after a catastrophic injury. Founded on best practices, QLI has developed a revolutionary model that addresses not only the core medical and physical aspects of rehabilitation, but is also designed to address the real-world skills and individualized interests that bring purpose and passion to our lives. In creating this powerfully effective rehabilitation construct, QLI borrowed the best from medicine, education, and psychology to create a program that simultaneously addresses the healing of the body, the mind, and the spirit.



Dimension 3:
Accepting Reality While Building Hope

Helping individuals build a sense of hope and optimism for the future is the ultimate rehabilitative challenge. Experiences and therapy programs are structured to help individuals once again anticipate pleasure in their lives. QLI brings this dimension to life by effectively incorporating this essential programming element into both our clinical plans of care and our uniquely positive culture.



Dimension 1:
Excellent Medical Care

The foundation for rehabilitation at QLI is excellent medical care. From basic healthcare services to complex medical care, QLI's expert staff meet the needs of our clients with patience and understanding in a safe, clean environment. Client medical status is carefully monitored, and adjustments in medication, nutrition, and care procedures are made as the rehabilitative process evolves.

Dimension 2:
Applied and Functional Programming

QLI's rehabilitation program is keenly focused on helping our clients regain the unique, real-life skills that will allow them to be successful and confident after leaving QLI. Each client participates in a completely individualized, around-the-clock therapy program. Our rehabilitation teams go well beyond the walls of the therapy gym to maximize functional independence and long-term success.

Diagnosis and Admissions Criteria

QLI specializes in the comprehensive, post-hospital rehabilitation of individuals with brain injury, stroke, or spinal cord injury who are both medically stable and able to actively participate in and benefit from the program QLI offers.

Tri-Dimensional Rehabilitation® Program

QLI operates a specialized rehabilitation program designed to tackle the complex swirl of medical, emotional, cognitive, and functional challenges that come with a catastrophic injury. QLI's extensive Tri-Dimensional Rehabilitation® program offers the following services (and more) as needed:

- comprehensive assessments
- psychology and neuropsychology
- physical therapy
- occupational therapy
- speech therapy
- life skills training
- third dimension programming
- vocational rehabilitation
- 24-hour skilled nursing care
- pain management care
- nutritional consultation and dietary services
- adaptive and assistive technologies
- family education and counseling
- real-world simulation options
- extensive discharge planning
- transition and follow up services

Funding Sources Accepted
QLI is able to accommodate most funding sources. We are contracted with many major insurance providers as well as a number of states for Medicaid reimbursement. Please contact QLI's Coordinator of Admissions at (402) 573-3748 for specific funding inquiries.

CARF Accredited
QLI holds multiple accreditations from CARF – the most recognized accreditation agency for rehabilitation facilities worldwide.

"As a professional psychologist, I spent the last thirteen years of my career working in brain injury rehabilitation. I have visited other rehabilitation centers, worked with social agencies, and supervised an outpatient program. QLI is clearly the best designed, most creative, and most compassionate program in the country."

Dr. Whitney Sunderland
Psychologist and Father of a QLI Client









A Culture of Excellence

QLI's services are terrific today, but we are always striving to be even better tomorrow. We surround our clients with a team of creative, compassionate, positive, and experienced staff members who are driven to help our clients reach their absolute potential for recovery. Our team of over 350 amazingly talented and dedicated employees creates an environment of healing that has been the secret to QLI's success for well over 20 years. You will not find a culture like this anywhere else.

As soon as we arrived at QLI, we were greeted with the warmest, friendliest staff I have ever encountered. People treated us like gold. Most importantly they treated my mom with such love!

As I drove away, I felt, for the first time in five months, that my mom was in the best of hands. I knew in my heart that they will truly love her while I am gone. What a TRULY AMAZING PLACE.

Christina Smith
Daughter of a QLI Client
Kansas

QLI has been recognized as the #1 Best Place to Work in Omaha – not once, but FOUR times! We recruit and hire exceptionally talented staff members, and when we find people who are a great fit for QLI, they stay with us for a long time. This means that our clients will have the opportunity to work with a stable, experienced, devoted team of clinical and residential experts during their entire stay at QLI.

"QLI's unique leadership model is designed to attract, build, and retain incredibly talented and positive staff. The resulting culture is what separates QLI from the pack."

Kim Hoogeveen, Ph.D.
Founding President & CEO
QLI







We purposefully create a positive, youthful, active culture at QLI to help motivate our clients toward recovery. Our team members truly care about the work that we do, and it shows in the lasting relationships we build with our clients.

QLI has a proven track record of keeping promises and exceeding expectations. We understand the importance of earning the trust of our clients and their families. QLI holds its employees to a very high standard, and we provide the kind of customer service that others don't even dream about.

Our experience throughout our son's stay was everything we could have hoped for. The entire care team's approach and devotion was exceptional.

My wife and I liked the access to the care team and enjoyed our opportunities to speak with each person about our son, his injuries, his progress, and his prognosis. Caring, empathetic, compassionate, supportive, positive – these are the words I would use to describe every staff member we worked with while my son was at QLI.

Jacob Nocks
Father of a QLI Client
Missouri

Rebuilding Lives

QLI is a powerful resource to those in need of our services. In order to achieve the best possible outcomes, every QLI client participates in a specialized rehabilitation program that is uniquely designed around their life and their goals.

Three years post-discharge,
93% of QLI's Tri-Dimensional Rehabilitation® program graduates are successfully maintaining or exceeding the real-world goals they set at QLI.



Tess

On the first day of her job on an archaeological dig in New Mexico, Tess' life changed in an instant. She sustained both anoxic and traumatic brain injuries after she was struck by lightning. Tess' body and spirit were broken, and she came to QLI with a sharp awareness of everything she had lost. This free-spirited, fun-loving, and fiercely independent young woman was facing the challenge of her life.

When asked about moving from the hospital to QLI, Tess said, "When I first moved to QLI, I was extremely nervous. The idea of being on my own after my injury was scary. Getting used to new people was overwhelming, but I instantly clicked with my therapists. Moving somewhere new is always a challenge in the beginning, but the staff really do go out of their way to make you feel comfortable.

"The staff at QLI takes time to find out what makes us happy – what pushes and motivates us. They discovered what made me happy. QLI helped me return to the old me."

"QLI helped me return to the old me."

Tess' mother Kate added, "Everyone at QLI seemed to know Tess. That made her feel special. She really responded to humor, and making her laugh again was so crucial to her recovery." When Tess arrived at QLI, she was in a wheelchair, unable to speak, and unwilling to even lift her head. She walked out of QLI with her head held high and a renewed sense of confidence and determination as she looked forward to the next chapter of her life.





Jon

Life can take some unexpected turns, and the one I took five years ago impacts my life every day. I was living and working on Sanibel Island in Florida when I lost control of my motorcycle on an evening ride. The crash left me with an incomplete C5-C6 spinal cord injury and changed my life forever.

I was 30 at the time of my injury with a lot of life still to be lived. But as I laid in my hospital bed, weeks after the accident, I realized that I had no idea what that life would look like. Questions and doubts began to creep into my mind – and then I learned about QLI and the program that they could offer me.

The six months I spent at QLI made an absolutely huge impact on my life. In fact, I'm not sure how a rehabilitation program could go much better. When I arrived at QLI, I was dependent on others for almost every aspect of my day. By the time I left, I was entirely independent. I made terrific physical progress while at QLI, but the most important thing for me was that I began to see a clear path forward again in my life.

"I began to see a clear path forward again in my life."

Life has gone well for me since my time at QLI. I've married my best friend, Erin, and we are the proud parents of two sons, Hudson and Lawson, with a third baby due any day. We designed and built an accessible home and have created a full, happy life together. These days, I spend my time working part-time at a job I love, participating in adaptive sports, and being a stay-at-home dad. My life today is definitely different than I would have ever imagined, and I wouldn't change a thing!





Vanessa

At the age of 43, Vanessa was met with a challenge that she never saw coming. This artist and mother of two college-age boys suffered a life-altering stroke at her home in Ashland, NE. Two months later, she found herself living in a nursing home, her recovery stalled. She was waiting for a spark.

"If she didn't come to QLI, Vanessa would still be sitting in a wheelchair in that nursing home. She wouldn't be walking. She wouldn't be able to talk to me. She wouldn't be painting again. And she definitely wouldn't be working or driving a car like she is today. What Vanessa has accomplished amazes me every day," said Vanessa's sister, Tina.

Vanessa accomplished so many milestones at QLI. She progressed from being unable to even roll herself over in bed to ultimately walking independently, bowling, singing karaoke, acquiring a volunteer job, and actively pursuing her passion for painting again.

Vanessa's speech improved considerably, and even though it's still not perfect, when asked about her time at QLI, Vanessa was able to say, "They gave me back my speech, my walking, and my arms." The words still don't come easily, but it would be hard to say it any better than that.

"What Vanessa has accomplished amazes me every day."



More than Satisfied

99%
Satisfied Families

98%
Satisfied Funding Sources

99%
Satisfied Referral Sources

QLI is proud of what we do. We expect to be the best – and then we strive to be even better. QLI has always had satisfied customers. But our goal is to engender more than just satisfaction from our clients, their families, and our funding and referral sources. We work tirelessly to become viewed as a trusted partner in the rehabilitation process.

It is amazing what QLI has done for me and what they have helped me do for myself.

Shane
Former QLI Client
Montana

In 35 years of claims management, I have never encountered a more dedicated team of professionals than the folks at QLI.

Cecil
Director of Claims
New Mexico

It seemed too good to be true. But they delivered everything they said and more.

Kara
Daughter of QLI Client
Kansas

I felt like I was the mother of a rock star! That is just the way they make you feel there: that your child is the most important person in the world... and you really feel that.

Rachel
Mother of QLI Client
Mississippi



My patients have benefitted tremendously from QLI's expertise and depth of services.

Sheryl
Trauma Nurse
Nebraska



Every former patient that I have sent to QLI comes back to tell me what a huge difference QLI has made in their lives and to thank ME for referring them there.

Linda
Case Manager, Rehabilitation Hospital
Illinois

QLI is the best I have ever seen.

Sherry
Former Executive Director, Brain Injury Alliance
Oregon

Since we have been at QLI, no one has set any limits. On the other hand, we haven't heard false reassurance or false hope. There is just hope.

Whitney
Father of QLI Client
Kansas

Not only do they deliver the best results, but we have found them to provide the very best service in the rehabilitation industry.

Christine
Principal, Case Management Company
Minnesota





QLI

Tri-Dimensional Rehab®

Brain and Spinal Cord Injury Specialists